

Multiple Burden among Government Women Workers

Research Paper No. 1999-07



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Abstract

This study aims to profile the different between male and female workers on perceived stressors at home and in the workplace. A cross-sectional purposive survey among 7 government agencies was utilized. The total number of respondents were 126 from different salary grade levels.

The preliminary results reveal no statistical differences between female and male government employees on the following: perception of work, work stress and satisfaction. Significant differences were noted among female and male employees in stresses at home with more female respondents revealing their "inability to relax at home" after office work. Additional responses from other government agencies are being encoded with the final report to be prepared by the 1st Quarter of 2000.